

General Kit list

8th St Marylebone Scout Group - The Diehards

Kit List sections	Items suggested, depends on activity	Notes	Req.	Got it	In the Bag
		Mark all your kit with your name / initials / colour. Pack your kit yourself. Fragile items keep inside, no loose items tied on the outside. Use plastic bags or 'Stuuf Sacs' to keep clothes clean and soiled ones apart and dry.			
GENERAL	Travel in full uniform to campsites and base camps Daysac Ruc-sac or Holdall with bin liner inside. Waterproof Jacket and Overtrousers Water bottle Packed Lunch for Journey	Correct trousers please No pull strings! breathable type are best, not just showerproof 500ml - 1 litre			
SLEEP KIT	Sleeping bag, Rollmat, Pillow / stuffsac, Pyjamas / nightwear Lightweight blanket or sleeping bag liner	pack Rollmat in strong plastic bag with closed tied end for those with a '3 season' bag and for colder times			
CAMP KIT	T-Shirts / Shirts, Sweatshirts / Fleece / Jersey, Socks (long & short), Underwear for each day, Shorts, 2 Long trousers, Boots and trainers Warm hat, Sun hat, Hankerchief / tissues Gloves, Dark old activity clothing for Wide games & night Op's.	at least 3 complete changes of clothing select your older clothes for camps Not Jeans optional sandals too for summer camps etc cheap gardening type best,			
ACCESSORIES	Compact coathanger for your uniform Camera, Penknife on a lanyard Sunglasses and Sunscreen Camping stool Torch with fresh & spare batteries, Pencil and paper, book and pocket game.	optional item, include a plastic bag cover optional item optional item			
WASH KIT	Towel, Soap, Flannel, Toothbrush & paste, Comb. Shampoo & showergel	all in a simple drawstring bag			
EAT KIT	2 Plates / bowl, mug (not china), knife, fork, spoon, teaspoon, and 2 teatowels	keep in a drawstring or plastic bag			
PERSONAL FIRST AID KIT	Sterile dressings, bandages, triangular bandage, plasters, Scissors, safety pin, tape, antiseptic wipes, disposable gloves Paracetamol, sun cream, midge repellent	individually packed in resealable clear bags			
PERSONAL MEDICATION	<i>Pack in a plastic zip lock bag with instructions and give to leader, Inhalers keep one with you give leader a spare</i>				
WATER ACTIVITY KIT	Swimming costume and Towel Wet shoes / Trainers (i.e. ones you don't mind getting wet) Sweatshirt / T-shirt / Shorts / Swimshorts or shortie Wetsuit Towel, shower gel / soap Change of clothing Sunstick / cream Waterproof (with hood / plus cap) Waterproof gloves / rubber household gloves Drink/refreshment	for canoeing, sailing and rafting for activity water activities if at camp take some spare clothes from your other kit for canoeing, sailing and rafting optional item for canoeing			
CLIMBING KIT	Tight fitting trainers / climbing shoes Activity clothes Drink / refreshment	depending on season			
HIKING KIT (for dayhike you do not need to take all items)	Suitable rucsac, T-shirt / base layer, sweatshirt / 2nd layer, fleece / 3rd layer Trousers for walking Walking Boots and Spare Laces, 2 sets of walking socks (2 thick & 2 thin) Gaiters, warm hat, gloves, small pack of tissues Personal First Aid Kit, Suntan lotion / lip guard Compass, Map & mapcase, Emergency card Whistle, Survival Bag, Waterbottle (refillable 500ml - 1 litre) Flask 5 Metre of cord, 1 Metre of strong tape, mini sewing kit Handwipes / mini soap / flannel / mini packtowel Lightweight bowl, cup, knife, fork, spoon or spork Spare set of clothes Small torch and spare batteries & spare bulb Emergency Rations Small piece of plastic/rollmat to sit on,	large pack for overnight, daysac for other times not cotton but wicking type if shorts bring longs in spares, not cotton or jeans no need to take spare footwear wear one set mini versions usually supplied by the Group on lanyard essential for overnight hikes and hillwalking Or hydration bag essential for night hikes and hillwalking emergency 'fix it' kit essential for overnight hikes essential for overnight hikes essential for overnight hikes - trousers, top, underwear essential for night hikes and hillwalking e.g. Mars bars, Kendal mint cake, Fruit cake			